

## MEDALJES / MEDALS

### GOUD / GOLD

Eerste drie mans / First three men  
Eerste drie dames / First three women  
KATEGORIE WENNERS / WINNERS OF ALL CATEGORIES

### SILWER / SILVER

Alle voltooiers binne 1 uur 45 minute  
All finishers within 1 hour 45 minutes

### BRONS / BRONZE

Alle voltooiers binne 3 ure  
All finishers within 3 hours

## PRYSE / PRIZES

### OPE/OPEN

	MANS / MEN	DAMES / WOMEN
EERSTE / FIRST	R1300,00	R1300,00
TWEEDE / SECOND	R 800,00	R 800,00
DERDE / THIRD	R 600,00	R 600,00

### 40 - 49

EERSTE / FIRST	R500,00	R500,00
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### 50 - 59

EERSTE / FIRST	R500,00	R500,00
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### 60+

EERSTE / FIRST	R500,00	R500,00
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### Juniors

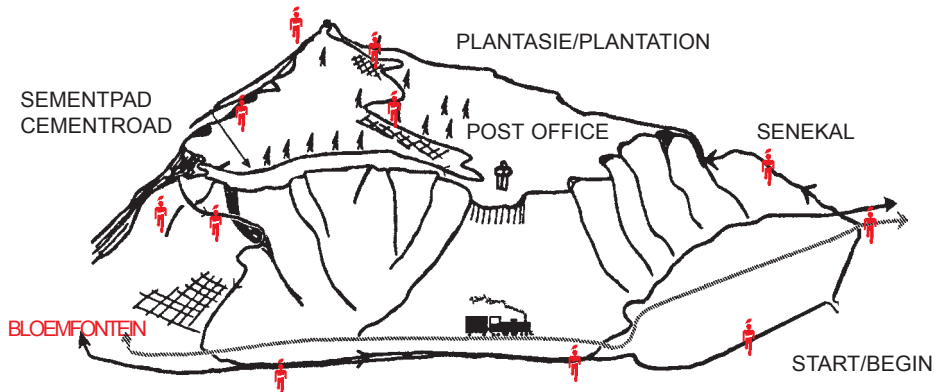
EERSTE / FIRST	R500,00	R500,00
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Race Organiser:	A. Fourie - 073 8086189
Safety Official:	W. Torr - 084 65 86123
Technical Official:	S. Fourie - 082 808 3037

### NAVRAE/ENQUIRIES

Audie Fourie	- 073 808 6189
Karen Schuld	- 082 322 3711

**23 KM - WALKERS WELCOME**  
**STARTING TIME 6:30**  
**NO PRIZE MONEY - TIME LIMIT: 3:30**  
**BRONS-MEDALJES/MEDALS**



**START/BEGIN: FICKSBURG PRIMêRE SKOOL**

CM Printers Ficksburg (051) 933 6105



# CHERRY RACE

## 23 NOVEMBER 2019



**Imperani**  
**Fun Run 4,8km**  
**23.11.2019**  
**7:30**

**FUN RUN - NO PRE ENTRIES**  
**ENTER FRIDAY EVENING OR DAY OF RACE - R20**

**THEIR WILL BE NO PARK RUN 23 NOVEMBER**  
**DUE TO THE FUN RUN**

**FICKSBURG-MARATHONKLUB / FICKSBURG MARATHON CLUB**  
VOLGENS DIE RE&LS VAN DIE IAAF, ASA EN AVS

COMPLETE AND EMAIL TO:  
VOLTOOI EN EMAIL NA: [audifourie@gmail.com](mailto:audifourie@gmail.com)

Vir kantoorgebruik / For office use

VAN/SURNAME: ..... NAAM/NAME: .....

BIRTHDATE ..... OUDERDOM ..... SEX .....  
GEBORTEDATUM: ..... AGE: ..... GESLAG  M  V/F

CLUB/KLUB: ..... I.D. No. ....

POSADRES/POSTAL ADDRESS: .....

LICENCE NO. .... SEL/CELL .....

HARDLOPERS / RUNNERS	R120.00	R. ....
TYDELIKE NR / TEMP NO	R 50.00	R. ....
STAPPERS / WALKERS:	R120.00	R. ....
<b>SATERDAG TOEGANG tot FEESTERREIN</b> (SPESIALE PRYS SLEGS VIR ATLETE)	R40.00	R. ....

**TOEGANG TOT FEESTERREIN - SLEGS VIR ATLETE (Opsioneel / optional)**  
**SATURDAY ENTRY to FESTIVAL - special price for athletes**

**IF YOU HAVE A PERMANENT CHERRY NUMBER PLEASE  
PRE-ENTER FOR ADMIN. PURPOSES NO.**

How many Cherry runs already completed? .....

By entering this event I undertake to be bound by the rules and regulations of the event including those of IAAF and ASA. I warrant that I am in good health and aware of the risks and dangers of physical nature of the sporting event and do not claim ignorance of these risks and dangers. I hereby accept that I participate in the event entirely at my own risk and I release and discharge, the fullest extent allowed in law, the organiser of the event, provincial and national athletic bodies and all local authorities from the responsibility liability or costs relating to any injury, loss or damage of whatever nature, including pre-and post race activities. I further agree and warrant that if at any time I believe conditions to be unsafe, I will immediately discontinue further participation in activity. Minor release and I, the minor's parents and/or guardian understand the nature of athletic activity and I the minor's experience and capabilities and believe the minor to be qualified in good health, and in proper physical condition to participate in such activity and I enter into this indemnity/waiver on behalf of the printed name of participant (parent/guardian in case of minor).

**LATE ENTRIES - R130.00**

**FRIDAY/SAT MORNING AT PRIMARY SCHOOL**

HANDTEKENING/SIGNATURE

Parent/Guardian if under the age of 18

Ek verklaar dat ek op eie risiko hardloop en die organiseerders vrywaar van enige aanspreeklikheid vir beserings of verlies.  
I declare that I will run at my own risk and will not hold the organisers responsible for any injury or loss

## ALGEMENE INLIGTING • GENERAL INFORMATION

DATUM / DATE:

23 November 2019

BEGIN TYD / STARTING TIME:

06:30 WALKERS 07:00 - RUNNERS

BEGIN / EINDE: START/ FINISH:

Primary School FICKSBURG Primêre Skool

AFSTAND / DISTANCE:

23 km

INSKRYWINGSFOOI/ENTRYFEE:

**R120,00 (R130,00) ná 12 November 2019**

**PRE-ENTRIES**

**CLOSE 12 NOV.**

**LATE ENTRIES**

**FRIDAY 22.11.2019**

**OR RACE DAY**

**Sluitingsdatum: 12 November 2019**

Wedloopnommers kan afgehaal word by Ficksburg-Primêre Skoolsaal - Vrydag 22.11.19 vanaf 17:00 —20.00 en Saterdagoggend 23.11.19 vanaf 05:15

**Closing date: 12 November 2019**

Race-numbers can be collected on Friday 22.11.19 from 17:00 — 20:00 and on Saturday morning 23.11.19 from 05:15 - 06:30 at the Ficksburg Primary School.

VERVERSINGS / REFRESHMENTS:

Coke/creamsoda etc. and water every 3 km.

PRYSUITDELING / PRIZE-GIVING:

10:30

**EMAIL ENTRY AND PROOF OF PAYMENT TO:  
[audifourie@gmail.com](mailto:audifourie@gmail.com).**

**PLEASE DO NOT SEND ENTRIES AFTER CLOSING DATE. IT CAUSES ADMIN PROBLEMS. IF YOU MISS THE PRE-ENTRY DATE**

**COME AND ENTER FRIDAY OR SATURDAY MORNING OF THE RACE.**

**DIREKTE INBETALINGS IN BANKREKENING/DIRECT PAYMENT IN ACC OF:  
Ficksburg Marathonklub - Absa Bank, Rek. 1890 320 380 - Tjek Rek. -**

### RULES

1. Race is presented under the rules of ASA, IAAF and AFS.
2. Non-licensed athletes may participate.
3. Temporary licenced numbers will be available at R50.
4. Age restriction for 23km - 19 years and older.
5. Athletes must wear 2019 licence number on front and back of vest and must be neatly dressed.
6. Traffic officials and race officials must be obeyed.
7. Proof of age must be given if requested.
8. Age category tags must be worn in front and back by the athletes competing for category prizes.
9. Cut off Time: 10:00
10. Foreign athletes competing for prize money must produce a clearance certificate from their National Federation to compete in SA - handed to the organisers before the event.
11. Due to the nature of the course NO prams, animals, cyclist or mechanically operated devices are allowed in the races.
12. All runners participate on their own risk. In case of an emergency report to the (next) waterpoint.